# Dinner Choices ५र्मे८ वस्प्रवार्थी

Khampa Nomad Ecolodge is a lodge, not exactly a restaurant. We encourage our guests to eat together, and get to know each other at the table, and (almost) everything is made from scratch each day.

Please let us know by 5 PM of your top two dinner choices; we will make a plan for the whole house (and attempt to satisfy everyone!). Please let us know if you have any eating restrictions or requirements, or special requests!

\*\*We make one meal for all guests each evening; each person can choose Full or Main Dish Only. \*\*ર્નર્મદ સંદેર સર્મેત્ર સેંજિંદ સાળાર્નર્મેદ વસાળાર્ને વાળા પ્રતાલિક ખેરી કે કે પ્રોથા વાલુ સાર કુદ પરેફેસથાર્કેળ

#### MAIN DISH Choose one রম্মার্কর্মা

न्रस्य मुट्टेंग्स् मुट्टेम् (युद्रेसस्ट्रेम्स्य मुस्ट्र) FULL MEAL \*\* always includes your choice of beer or house wine\*\* ५र्मे⊏:बसाळेक्:पॅा

\*\*कटः मी'न् अन्ये माठेमा माठा मुक्तुः कटः मी'हः र्थेरः माठेमा पदेअका सुटा | \*\*

### TIBETAN र्वेऽ अश्

## 1 - 2 main dishes for the house

Tukpa: homemade noodle soup with our own local whole wheat. The main Tibetan dinner option in Kham. शुना या एक स्वीत्य स्वीत्

**Momos**: 5 kinds of momos including yak meat, yak cheese, greens, potato and butter, and sweet tsampa with Guilin brown sugar. র্রূল র্রূল র্রূল র্রূল র্রূল র্রূল র্রূল ব্রূল ব্র

Fresh Yak Ribs: in garlic and ginger broth, served with boiled potatoes. A classic Tibetan meal with no vegetables! র্র্নাশাইনমা ই মান্লামিন্দেন হে ক্রিশামানি বিদ্যালয় নাম্বামানি ক্রিশামান ক্রি

- Local Nomad Fondue (yak cheese) and bread র্মন্দ্রেন্ট্রা
- Green salad with local wild plants (seasonal) ক্ষান্ত্ৰশন্ত্ৰী
- Tomato Salad with homemade yak mozzarella and either basil or parsley (depending on season) বুফার্লিন পুন্মা ক্রমান্ব্যার্টিকামা ক্রমান্ত্রমান্ত্রিকামান্ত্রমান্তরমান্ত্রম
- Yak meat soup ্ৰ
- Gyoma (wild yams) with sweet yogurt and honey র্ণাঝা প্রমন্মা প্রদক্ষি
- Wild mushrooms
   (summer and early fall)
  क्षेत्रें दःस्। (द्युरुष द्दः क्षेत्रण)

#### MAIN DISH Choose one ब्रुग्रामुर्डिम् गुडैगापद्रेग्रस्ट्राग्रस्माग्रह्मा

FULL MEAL \*\* always includes your choice of beer or house wine\*\* ર્નેંદ્ર વસ્ત્ર તેનું મેં \*\*&દ માર્ડમાં માર્ડ

### INDIAN ুশ্মর্মা 1 or both curries for the house

Vegetable Curry: with potatoes, peas, broccoli, and eggplant र्ट्ट, अन्तु भी र्वेग पिंग रिंग अतु सुदा के के की

Yak Curry: savory rich yak curry with coconut milk. र्जेन नृपाली ने फुर्वे अवै र्जेन नृपाली र्जेन उना

Served with brown or white rice, and fresh tomato and onion, plus Indian pickles and chutneys ব্রুষ্-শূন্মর্থ্র ই কুর্মান্ শূন্ম শূ

## Both curries plus

मु'विदे'र्रम्बरम्बर्भिराद्रा

- Dahl Soup কুনী
- Raita (cucumber and yogurt salad) ন্নের্ভিন্মান্ব্রায়া

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- Homemade Coriander Chutney વુ:યુવે:યુક્રુ≍:ફે|

## YAK MEAT SPECIALTIES

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We can make both steak and burgers on one night for a group. Yak Roast stands alone. Yak T-bone Steak: 100 grams. Served with mashed potatoes and green salad বিবু'ষবা 100নব' র্র্মণ শা র্ন্মণাশ্রমণ হ্মানুষ্মণ্ট্রমান্ত্রমণ ইমানুষ্মার্মণ

Yak Burger: our famous burger, fresh chopped yak meat and homemade whole wheat bun. Veggie burger with spouted grains also available. র্র্বাল্য বৃদ্ধার্ম মান্ত্রী দার্লার্মার বার্লার বার্লার মান্ত্রী মান্ত্রী

Yak Roast: with grilled vegetables র্নান্থ্রান্মা র্ক্রির্মান্থ্রান্মান্থ্রান্মান্থ্রান্মান্থ্রান্মান্থ্রান্মান্থ্রান্মান্থ্রান্

Yak T-bone Steak, 250 grams. Served with mashed potatoes and green salad. Followed by dessert. 250 ଜିବି ବିସ୍'ର୍ଜିବି (ଜିମ୍ବାଜିମ କ୍ୟ'ୟ'ମ୍ବିୟ'ୟନ୍ୟ ହିନ୍ଦ୍ର ସ୍ଥାନ ବିସ୍'ର୍ଜିବି ବିସ୍'ର୍ଜିକି ବିସ୍'ର୍ଜିକିକି ବିସ୍'ର୍ଜିକିକି

#### Includes:

- Roasted potatoes and herbs
- Fresh green salad
- Pie or cookies ৰান্তুত্ত্ত্বেশা
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- मुश्लुः र्हेन यी
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Includes बाक्चारुद्धाराया

- Tibetan Potato Gratin (with local yak cheeses) জ্লাম্লা্ব্ন'ব্ন'ইম'মা
- Green Salad मुल्यू र्हेन भी
- Pie ধবী

#### MAIN DISH Choose one इस्र गार्डे में। गाउँगापदेसस्य रेंगस्य गारुदा।

**५**देशशऱ्द्रा"\*\*

## SOUPS দ্রুবা

## 1 main dish only for the whole house

Irish Yak Stew: the classic Irish dish, made with yak meat, potatoes, fresh thyme, and Guinness Beer. Served on a bed of mashed potatoes. अंत्र येद याष्ट्र अंतर्भ येद याष्ट्र विवासिया केंद्र अप्तान प्रेम प्रेम

#### Southern Colorado Chili:

made with locally grown pinto beans, yak meat (optional), tomatoes, peppers, and Southern Colorado-grown chili powder

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म्बोर'यर्जेर्केग

Vegetable Soup: with pasta, tomatoes, brocolli, and other veggies. ર્કેન્સાલુવા કૃષ્ટિનુવા કુમાના કૃષ્ટિનુવા કૃષ્ટિનુવા

#### Includes:

- Fresh green salad or Tibetan tomato salad
- Pie or cookies শ্রন্থকুম্কুম্পা
- मुःभूः र्हेतः र्येत्यः र्चेत् ग्रुः न्यः में हः मुःभू।
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#### Includes:

- Fresh Tomato Salsa
- Colorado-made corn tortillas, fried in oil
- Margaritas

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- মুস্মুস্ফ্রিদ্যা

#### Includes:

- Fresh green salad or Tibetan tomato salad
- Pie or cookies

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- यदै प्रार्भेर रे र्टर स्यो

MAIN DISH Choose one इस्रामार्डिमें। मारुमापद्देससार्टेमासमाहरा। FULL MEAL \*\* always includes your choice of beer or house wine \*\* ५र्में त्र्वराकेत्रायां 
\*\*करामी ५ स्मानिकामा स्मृत्राकरामी हार्थे रामा है मा स्मृत्राकरामी हार्थे रामा है स्मृत्राकरामी हार्थे रा

ONE-DISH PARTIES (Full meal only, whole house!) क्षेप्सरमा च कुं केंद्र यें। (र्मेर वशकेंद्र यें।) Artisanal Pizza: Homemade in wood oven, with thin whole-wheat crust and locally sourced ingredients and cheeses. Served with green salad. Served as it comes out, as much as you can eat. प्रमान्यर्वेश स्थान् म्लिंग्स्मान मिंदि स्थान किंदि स्थान किंद स्थान किंदि स्थान किंद स्थान किंदि स्थान किंद स

Tibetan Style Hotpot: with local vegetables and yak meat, less spicy than Sichuan version. Big party style. र्नेट् कुं कुं क्वां केंग्यान केंग्यान